Dementia Curriculum
for Health Care Professionals

Module 4: References

Providing and Discussing a Dementia Diagnosis with Persons Living with Dementia (PLwD) and Their Care Partners
Module 4 References


patients and caregivers: Recommendations of an expert consensus panel. *Primary Care Companion to Journal of Clinical Psychiatry, 12*(1), PCC.09cs00833. doi: 10.4088/PCC.09cs00833oli


**Module 4 Resources**

Alzheimer’s Association 24-hour HELPLINE (1.800.272.3900) or Web site ([http://www.alz.org](http://www.alz.org)) This Web site is a national resource, with portals in multiple languages containing excellent, easy-to-understand information about dementia and
Alzheimer’s disease—from diagnosis through treatment. There is information for family care partners, support groups located all throughout the United States, end-of-life planning, tips for managing stress, as well as links to other on-line, print and video resources.

Local senior centers


Note: There are other portals in different languages: Chinese, Japanese, Korean, Vietnamese, Arabic, Hindi, and Russian.

American Psychological Association: http://www.apa.org Caregiver assessment tools; coping with caregiver stress and burden. Within the APA Web site, Publications and Databases tab; “Caregiver toolkit”. Look under Assessment tools, Caregiver assessments, and/or coping with caregiver stress and burden for a comprehensive resource on the topic of caregiver assessment.

Center for Quality Assessment and Improvement in Mental Health. PHQ2. http://www.cqaimh.org. The PHQ2 is a very brief screening tool for depression; if a person screens positive, the full PHQ9 can be given; if the score is above the validated cut-offs, the persons should be referred to a mental health provider for further assessment and treatment.


Easy to print and understand version of the Caregiver Self-Assessment Questionnaire, a tool developed by the AMA. Available at: http://web.mit.edu/workplacecenter/hndbk/sec4.html

Hand-under-Hand: http://www.teepasnow.com

HealthinAging.org: contains caregiver self-assessment tools in several languages; free, downloadable, easy to use


Positive Approach to Care: http://www.teepasnow.com

Positive Physical Approach: http://www.teepasnow.com