

# Dementia Curriculum For Health Care Professionals

## Module 5: References

### Understanding Early-Stage Dementia for an Interprofessional Team



## Module 5 References

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## MODULE 5 ADDITIONAL READING MATERIALS

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## MODULE 5 RESOURCES

### A Good Night's Sleep

<http://www.nia.nih.gov/health/publication/good-nights-sleep>

### National Adult Day Services Association

[www.nadsa.org](http://www.nadsa.org)

1-877-745-1440

### Alzheimer's Disease Education and Referral (ADEAR) Center

[www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

1-800-438-4380 (toll-free)

Alzheimer's Association

[www.alz.org](http://www.alz.org)

1-800-272-3900 (toll-free)

1-866-403-3073 (TDD/toll-free)

Alzheimer's Foundation of America

[www.alzfdn.org](http://www.alzfdn.org)

1-866-AFA-8484 (1-866-232-8484; toll-free)

Caring for a Person with Alzheimer's Disease: Your Easy-to-Use Guide from the National Institute on Aging

<http://www.nia.nih.gov/alzheimers/publication/when-you-need-help/getting-help-caregiving>

Changes in Sexuality and Intimacy

[http://www.alz.org/national/documents/topicsheet\\_sexuality.pdf](http://www.alz.org/national/documents/topicsheet_sexuality.pdf)

Dementia & Driving Resource Center

<http://www.alz.org/care/alzheimers-dementia-and-driving.asp>

Driving and dementia: Health Professionals Can Play Important Role

<http://www.nia.nih.gov/alzheimers/features/driving-and-dementia-health-professionals-can-play-important-role>

Driving Safety: Alzheimers Caregiving Tips

[http://www.nia.nih.gov/sites/default/files/caregivingtips\\_driving\\_safety-final\\_7-20-12.pdf](http://www.nia.nih.gov/sites/default/files/caregivingtips_driving_safety-final_7-20-12.pdf)

Early-Onset Alzheimer's Disease: A Resource List

<http://www.nia.nih.gov/alzheimers/early-onset-alzheimers-disease-resource-list>

1-800-438-4380 (toll-free)

Exercise and Physical Activity: Alzheimer's Caregiving Tips

[http://www.nia.nih.gov/sites/default/files/caregivingtips\\_exercise-final\\_7-18-12\\_0.pdf](http://www.nia.nih.gov/sites/default/files/caregivingtips_exercise-final_7-18-12_0.pdf)

Frontotemporal dementia: Information for Patients, Families, and Caregivers

<https://www.nia.nih.gov/alzheimers/publication/frontotemporal-disorders/introduction>

FTD: <https://www.nia.nih.gov/alzheimers/publication/frontotemporal-disorders/introduction>

General introduction to The Dementias:

<https://www.nia.nih.gov/alzheimers/publication/dementias/introduction>

Helping People with Alzheimer's Disease Stay Physically Active: Go4Life Tip Sheet

<https://go4life.nia.nih.gov/sites/default/files/ActiveWithAD.pdf>

Home Safety for People with Alzheimer's Disease

<http://www.nia.nih.gov/alzheimers/publication/home-safety-people-alzheimers-disease/introduction>

Legal and Financial Planning for Alzheimer's Disease

<http://training.alz.org/products/1017/legal-and-financial-planning-for-alzheimers-disease>

Legal and Financial Planning for People with Alzheimer's Disease Fact Sheet (NIA)

<http://www.nia.nih.gov/alzheimers/publication/legal-and-financial-planning-people-alzheimers-disease-fact-sheet>

Lewy Body Dementia:<https://www.nia.nih.gov/alzheimers/publication/lewy-body-dementia/introduction>

Lewy Body Dementia: Information for Patients, Families, and Professionals

<https://www.nia.nih.gov/alzheimers/publication/lewy-body-dementia/introduction>

Meals on Wheels

<http://www.mowaa.org>

1-888-998-6325

Mediterranean diet recipes

[http://www.eatingwell.com/recipes\\_menus/collections/healthy\\_mediterranean\\_recipes](http://www.eatingwell.com/recipes_menus/collections/healthy_mediterranean_recipes)

Money Matters: Making Financial Plans After a Diagnosis of Dementia

[http://www.alz.org/national/documents/brochure\\_moneymatters.pdf](http://www.alz.org/national/documents/brochure_moneymatters.pdf)

National Academy of Elder Law Attorneys

[www.naela.org](http://www.naela.org)

National Association of Professional Geriatric Care Managers

[www.caremanager.org](http://www.caremanager.org)

NIA's Legal and Financial Planning for People with Alzheimer's Disease Fact Sheet

<http://www.nia.nih.gov/alzheimers/publication/legal-and-financial-planning-people-alzheimers-disease-fact-sheet>

Physicians Guide to Assessing and Counseling Older Drivers (American Medical Association, with support from the National Highway Traffic and Safety Administration)

[www.nhtsa.gov/people/injury/olddrive/physician\\_guide/PhysiciansGuide.pdf](http://www.nhtsa.gov/people/injury/olddrive/physician_guide/PhysiciansGuide.pdf)

Senior Citizen Driving

<http://www.helpguide.org/articles/aging-well/age-and-driving-safety-tips.htm>

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## STAR, STAR-VA: Staff Training in Assisted Living Residences.

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Teepa Snow: Positive Approach to Care

<http://teepasnow.com/>

The Dementias: Hope Through Research (general introduction to the dementias)

<https://www.nia.nih.gov/alzheimers/publication/dementias/introduction>