

PRIMARY CARE TRAINING ENHANCEMENT PROGRAM

Awardee Profile: Wyckoff Heights Medical Center

Organization	Wyckoff Heights Medical Center Department or Division: Behavioral Health, Comprehensive Care
Principal Investigator	Gustavo DelToro, M.D. and Sarai Padilla-Faulkner, Psy.D. gdeltoro@wyckoffhospital.org 718-907-4952
Partners	N/A

PROJECT OVERVIEW

Trainee Group(s) and Discipline(s) Targeted

- Residents: internal medicine, pediatric, ob/gyn
- Faculty: leadership
- Practicing primary care physicians
- Practicing nurse practitioners
- Practicing physician assistants
- Practicing behavioral health providers: psychiatrists, psychologists, care managers
- Other: leadership staff

Primary project objectives

- Implement an interprofessional training curriculum in Collaborative Care within the primary care continuity clinic rotation for medical residents across internal medicine, pediatric, and ob-gyn programs.
- Build leadership capacity in clinical transformation and integrated delivery models through a primary care faculty development training program in Collaborative Care that includes primary care providers (PCPs), physician assistants, nurse practitioners, nursing team members, and behavioral health providers.
- Develop and conduct a robust evaluation that involves patients and measures impact on provider behavior, team functioning, access to care, health outcomes, patient experience, and costs.
- Specifically:
 - Train primary care leadership and faculty on systems-level supports to institute an integrated care program.
 - Train behavioral health staff on new skills needed to support a team in delivering integrated care and supporting caseload management at the population level.
 - Train primary care providers (physicians, PAs, and NP) and residents (medicine, pediatrics, and obstetrics/gynecology) on identifying, engaging, educating and appropriately treating patients with common mental health issues using collaborative care plans.
 - Train participants on the use of the electronic medical record (EMR) to screen and manage patients using specialized templates, registries, and care management modules.



EVALUATION OVERVIEW

Continued

	<ul style="list-style-type: none">◦ Engage trainees in continuous quality improvement (CQI) and evaluation projects related to population health outcomes, patient-centered medical home, and value-based payment methodologies.◦ Engage consumers in measuring improvement and evaluating outcomes.
Evaluator contact information	<p>Formative Evaluation, Evaluation Planning, and Establishment of Quantitative Baselines completed by Director of Behavioral Health, Rachel Wolfe, PhD, and Evaluator, Zachariah Hennessey, MA.</p> <p>Qualitative Focus Group Evaluation completed by Evaluator, Alli Shurilla, MPP.</p> <p>Wyckoff is in discussion with an academic partner to complete the cost component of the Evaluation. In the interim, please contact Beth Hribar, MPP, bhribar@wyckoffhospital.org</p>
HRSA Priority Outcomes	<ul style="list-style-type: none">• Rate of graduates/program completers practicing in primary care, at least 1 year after program completion.• Rate of graduates/program completers practicing in underserved areas, at least 1 year after program completion.• Patient service provided by trainees and faculty at participating PCTE clinical training sites.• Quality of care provided by trainees and faculty at participating PCTE clinical training sites.• Cost of care provided by trainees and faculty at participating PCTE clinical training sites.
Measures and Tools	<ul style="list-style-type: none">• Quality metrics (mental health treatment cascade, Patient Centered Medical Home assessment, patient satisfaction).• Service utilization data (ED visits and hospitalizations).• 30-day follow-up rate post-ED visit• Cost data (cost per patient, resource use, and cost of care).• Residency program data (training evaluations, resident satisfaction, and placement data) to drive health systems improvements.• Post-pre training assessment data• Focus group (qualitative) outcomes

ABSTRACT

As submitted with proposal

Overview

As health care delivery transformation unfolds, how service sectors share responsibility for mental health care is changing, with more care provided by medical providers in primary care settings. Providers working in primary care need to be knowledgeable about and effective in caring for persons with mental health conditions. Empirical evidence suggests that behavioral health integration, including effective strategies such as the Collaborative Care Model, will be central to health system transformation and improving population health, experience of care, and per-capita costs. The Wyckoff Heights Medical Center (Wyckoff) proposes the Interprofessional Training in Collaborative Care (ITCC) Project, a primary care training and enhancement program that includes resident, provider, and faculty training across multiple primary care disciplines. The ITCC project aims to train interprofessional primary care teams to provide patient-centered care at the top of their license, using population health measures.

ABSTRACT

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Methods

Wyckoff's Chief Medical Officer, Chairwoman of Comprehensive Care, and Director of Behavioral Health will launch the ITCC Project in collaboration with Chairs of Internal Medicine, Ob/GYN, and Pediatrics. The program will be implemented in Wyckoff's high volume outpatient primary care clinics including the General Medicine Clinic, Women's Health Center, and Pediatric Health Center. Participants will learn how to: 1) screen for, identify, and manage depression and anxiety using electronic medical record tools; 2) work as part of a collaborative care team including PCPs, residents, Care Managers (social workers, psychologists), and psychiatric consultants; 3) provide brief, non-pharmacologic interventions and effectively prescribe and manage antidepressants and anxiolytics; 4) use patient registries, care management modules, and collaborative care plans to improve quality; and 5) understand how collaborative care contributes to cost and quality under new value-based payment methodologies.

Type of Project/Funding Preference

Wyckoff is proposing a collaborative project that will benefit residents, practicing primary care providers, and faculty across primary care professions (primary care physicians, physician assistants, nurse practitioners, mental health providers, and care managers). The lead applicant training program is Wyckoff's Internal Medicine residency program and partnering collaborative training programs include Wyckoff's Pediatric and Ob/Gyn residency programs, and Wyckoff's faculty training and continuing medical education programs. Wyckoff will partner with the University of Washington AIMS Center to provide training and workforce development services on collaborative care. Wyckoff is requesting a funding preference under the Significant Increase Medically Underserved Communities factor.