Behavioral Health Training Programs

Academic Year 2014-2015

The Behavioral Health Training Programs support several initiatives aimed to enhance the quality of education and clinical training in behavioral health and to increase the number of practicing behavioral health professionals and paraprofessionals, with a particular emphasis on the integration of behavioral health into primary care. Below is a descriptive summary of the characteristics and accomplishments of grantees and individual trainees who received Behavioral Health Training Program support during Academic Year 2014-2015.

Program Characteristics

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Grantees</th>
<th>Trainees</th>
<th>Underrepresented Minority Students</th>
<th>Disadvantaged Students</th>
<th>Program Completers</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHWET</td>
<td>110</td>
<td>2,116</td>
<td>953</td>
<td>45.0%</td>
<td>853 40.3% 1,329</td>
</tr>
<tr>
<td>GPE</td>
<td>40</td>
<td>179</td>
<td>38</td>
<td>21.2%</td>
<td>40 22.3% 76</td>
</tr>
<tr>
<td>LPHSWE</td>
<td>3</td>
<td>14</td>
<td>2</td>
<td>14.3%</td>
<td>0 0% 4</td>
</tr>
<tr>
<td>MBHET</td>
<td>24</td>
<td>214</td>
<td>76</td>
<td>35.5%</td>
<td>68 31.8% 151</td>
</tr>
</tbody>
</table>

Training Sites in HRSA-Designated Settings

- Medically-Underserved Community (MUC)
- Primary Care

Note: Percentage of training sites in HRSA-designated settings by program. Training settings are not mutually exclusive.
Behavioral Health Training Programs

Behavioral Health Workforce Education and Training (BHWET)

- In the first year of the BHWET program, grantees supported the clinical training of 1,156 graduate-level social workers, psychologists, school and clinical counselors, psychiatric nurse practitioners, and marriage and family therapists, as well as 960 students training to become behavioral health paraprofessionals (such as community health workers, outreach workers, social services aides, mental health workers, substance abuse/addictions workers, youth workers, promotoras and peer paraprofessionals).
- Nearly 40 percent of these trainees reported coming from disadvantaged backgrounds.
- Upon program completion, 57 percent of students intended to pursue training and/or employment to serve at-risk children, adolescents, and transitional-aged youth.
- BHWET grantees developed or enhanced and implemented approximately 270 behavioral health-related courses and training activities, reaching over 7,060 students, fellows, residents, and practicing professionals.

Graduate Psychology Education (GPE)

- Upon completion of their training, the majority of graduate students intended to pursue employment in MUCs (87 percent) and/or primary care settings (43 percent).
- Approximately 22 percent of students reported coming from disadvantaged backgrounds.
- Clinical training at the 340 partnered sites incorporated interdisciplinary team-based approaches, where approximately 1,900 students and advanced trainees from a variety of professions trained alongside GPE-sponsored trainees.
- More than 210 faculty members participated in 42 GPE-sponsored faculty development activities (e.g., conferences, workshops, professional development activities), which focused on a wide variety of emerging topics in mental and behavioral health.

Leadership in Public Health Social Work Education (LPHSWE)

- In the first year of the LPHSWE program, nearly 29 percent of the supported public health social work students graduated, 100% of whom intended to pursue employment or further training in a MUC.
- LPHSWE funds were also used to support infrastructure development, including the development and/or enhancement of 26 courses and training activities focused on competencies including Leadership and Management and Interprofessional Practice. Approximately 500 students and advanced trainees participated in these curricula.

Mental and Behavioral Health Education and Training (MBHET)

- In addition to providing direct financial support to trainees, MBHET grantees partnered with 305 clinical sites (27 percent of which were in rural areas), to provide training experiences to graduate-level psychology and social work students.
- Approximately 32 percent of students reported coming from disadvantaged backgrounds.
- Upon program completion, nearly 80 percent of MBHET-supported graduate students intended to pursue further training or enter practice with high need and high demand populations (i.e., in MUCs, primary care settings, and/or rural areas).
- Finally, MBHET grantees used funds to develop, enhance, and implement more than 180 curricular activities focused on mental and behavioral health topics, reaching approximately 4,300 students and behavioral health professionals across the nation.